

# **CURRICULUM VITAE Of**

**SATISH KUTTY**

**M.B.B.S, FRCS I,  
MSc (Orthopaedic Eng),  
Dip in Medical Mgt,  
FRCS (Tr & Orth)**

**CONSULTANT TRAUMA & ORTHOPAEDIC SUREGON  
SPECIALIST IN HIP & KNEE SURGERY**

**SURGICAL TUTOR &  
HON SENIOR CLINICAL LECTURER  
Former CLINICAL DIRECTOR- T&O**

**Jan 2020**

## PERSONAL DETAILS

Name: Satish Kutty

E-Mail: [satishkutty@btinternet.com](mailto:satishkutty@btinternet.com) , [satish.kutty@nhs.net](mailto:satish.kutty@nhs.net)

Qualifications: **M.B.B.S** – Calicut Medical College-India  
**FRCS I** – RCSI--7 Dec. 1998  
**FRCS (T&Orth)**- RCSI -11<sup>th</sup> July 2005  
**Dip Med Mgt**- RCSI- 11<sup>th</sup> Nov 2005  
**MSc-Ortho Eng**- Cardiff University- 17<sup>th</sup> Oct 2006  
**PG Cert Med Ed**- Univ Of Cambridge- Oct 2017

Registration: **UK**--25<sup>th</sup> May 2006 full GMC- registration  
No- 6124222--On the Specialist Register.

Web Site: [www.satishkutty.co.uk](http://www.satishkutty.co.uk)

Current Post: **Consultant Orthopaedic Surgeon**  
**Princess Alexandra Hospital, Harlow, Essex, CM20 1QX**  
**UNITED KINGDOM**  
**Appointed-18/01/2010**

## **POSTGRADUATE QUALIFICATIONS**

**FRCS I** (Gen Surgery) conferred on 7<sup>th</sup> Dec 1998.

**MSc Orthopaedic Engineering**- University of Wales, Cardiff - 17<sup>th</sup> October 2006

**FRCS (Trauma & Orth)** – 11<sup>th</sup> July 2005

**Diploma in Medical Management** – Royal College of Surgeons in Ireland, Dublin  
July 2005

**Post Graduate Certificate in Medical Education**- Cambridge- Oct 2017

## **HIGHER SURGICAL TRAINING**

Rep of Ireland T&O Training Programme- 2000-2004

All Wales T&O Training Programme 2005-2008

## **FELLOWSHIPS**

Norman Capener Fellow of RCS Eng- University of Calgary- Adult Recon- 2008-2009

AO Trauma Fellowship – Prof Wagner- Vienna- 2006

BHS- Fellowship- Prof Ganz- Switzerland- 2007

BOA European Travelling Fellowship – Prof J.Grifka- 2007

EFORT Foundation Fellowship- Prof N. Bohler- 2014

ESSKA- Alwin Jaeger fellow- 2018

ASG Fellowship Class 2020

## RESEARCH

### PUBLICATIONS- ARTICLES

1. **S.Kutty**, B.Thornes, W.A.Curtin, M.F.X Gilmore; *Traumatic posterior Dislocation of Hip in children*. Pediatric Emergency Care. Volume 7(1):32-35; 2001
2. **S.Kutty**, T.O'Donnell, D.Bennett, A.Devitt, D.P.Moore; *Salmonella Osteomyelitis of the Pelvis in a Normal Adolescent Male – A case report and Literature Review*: Journal of The Irish Colleges Of Physicians & Surgeons; Vol 30(2):81-83; 2001
3. T.O'Donnell, A.Devitt, **S.Kutty**, E.E.Fogarty; *Recurrent Haemangiopericytoma In An Adolescent Male*. JBJS 83B (2):269-272; 2001.
4. **S.Kutty**, D.Bennett, A.Devitt, F.E.Dowling; *Tuberculosis osteomyelitis of the Sternum in an Infant –A Case Report & Literature Review*. Pediatrics Intl; Vol44 (2) 186-88, 2002
5. **S.Kutty**, J.P.McElwain. *Padding Under Tourniquets In tourniquet Controlled Extremity Surgery- Bruner's Ten Rules Revisited*. Injury; Vol33 (1)75, 2002
6. **S.Kutty**, D.Murphy, J.P.McElwain; *Closed Intramedullary Nailing Of the Tibia-A Better Draping Technique*. Europ J OrthSurg & Traum (EJOST); Vol 12(1) 58-9, 2002
7. M.A.Farooq, **S.Kutty**, J.P.McElwain; *Fracture Dislocation Of the Big Toe Resulting in gangrene and Amputation*. The Foot; Vol 12(3) 112-115, 2002
8. A.Mofidi,R.Shanker,**S.Kutty**,K.Kaar,W.Curtin;*Traumatic dislocation of the hip joint due to low velocity trauma.Similarities with the glenohumeral joint*.EJOST; Vol 12(2) 108-114.2002
9. D'O Connor, H.Mullett, M.Doyle, A.Mofidi, **S.Kutty**, M.O.Sullivan; *Plaster cast versus futura splint: A randomised prospective trial in the treatment of distal radial fractures*. B.J of Hand Surgery; Vol 28 (1)50-53.2003
- 10.**S.Kutty**,M.A.Farooq,D.Murphy,C.Kelliher,F.Condon,J.P.McElwain.*Tibial Shaft Fractures Treated With The AO Unreamed Tibial Nail – A 5 Year Review*. Irish Journal Of Medical Science; Vol 152(3)141-142.2003
11. D.O'Connor, **S.Kutty**, J.P.McCabe. *Long-term functional outcome assessment of plate fixation and autologous bone grafting for clavicular non-union*.InjuryVol 35(6)575-579.2004
- 12.**S.Kutty**, B.Anto, D.Mulcahy.*OPI in the treatment of Monteggia fracture non-union*. Injury ExtraVol 35(5) 50-51.2004
- 13.**S.Kutty**,A.J.Laing,C.V.R.Prasad,J.P.McCabe ; *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A prospective Randomised trial*. International Orthopaedics Vol 29(3)186-190 2005
- 14.K.O'Shea,JF Quinlan,**S.Kutty**, D.Mulcahy,OH Brady; *The use of uncemented extensively porous-coated femoral components in the management of Vancouver B2 and B3 periprosthetic femoral fractures*.JBJS(Br);87(12):1617-21 2005.

15. Cronin JJ, Limbers JP, **Kutty S**, Stephens MM. *Intermetatarsal angle after first metatarsophalangeal joint arthrodesis for hallux valgus.*  
Foot & Ankle Intl; 27(2):104-9 2006
16. **S.Kutty**, P.Pettit, J.N.Powell. *Intra-capsular Proximal Femoral Fracture Following Hip Resurfacing Treated With Cannulated Screws.* JBJS (Br) 91:1100-02,2009.
17. **S.Kutty**, P.Schneider, P.Faris, Kiefer.G, Frizzel.B, Park.R, Powell.JN. *Reliability & Predictability of the centre-edge angle in the assessment of pincer femoroacetabular impingement.*  
Int Orthop;36(3)505-10-2012
18. N.Aresti.J, Kassam, **S.Kutty**. *Primary Care Management of postoperative Shoulder, Hip & Knee Arthroplasty.* BMJ 359: 116-119. 2017
19. L.Granger, M, Goldring, **S.Kutty**. *The Paediatric Hip: A rare case of Acetabular Labral Tear and Paralabral Cyst.* JBJS Case Connect 2019;9:e0405

### **Invited Publication**

**S.Kutty**, D.Bennett, A.Devitt, F.E.Dowling; *Tuberculous osteomyelitis of the Sternum in an Infant –A Case Report & Literature Review*  
In ‘**Focus On Tuberculous Research**’  
Edited By Lucy T.Smithe----2005 Pg181-186  
Nova Science Publishers Inc.  
400 Oser Avenue, Suite 1600  
Hauppauge, NY 11788  
Tel-631-231-7269  
Fax-631-231-8175

### **ABSTRACTS**

1. **S.Kutty**, D.Mulkeen, J.P.McCabe, W.A.Curtin; *Limb Length Discrepancy following Total Hip Replacements.* Irish Journal Of Medical Science; Vol 169(3)77, Supl 2 2000.
2. D.O’Connor, H.Mullett, M.Doyle, **S.Kutty**, M.O’Sullivan. *Undisplaced Distal Radial Fractures: Futura Splint versus plaster cast- a prospective randomised trial of two treatment methods.* Irish Journal Of Medical Science; Vol169 (3)61-2, Supl 2 2000.
3. **S.Kutty**, D.Mulkeen, J.P.McCabe, W.A.Curtin; *Limb Length Discrepancy following Total Hip Replacements.* JBJS 83(B) 213, 2001 Suppl II
4. **S.Kutty**, M.A.Farooq, D.Murphy, C.Kelliher, F.Condon, J.P.McElwain; *Tibial Shaft Fractures Treated With The AO Unreamed Tibial Nail – A 5 Year Review.*  
Irish Journal Of Medical Science Vol 170 (3)81, Supl1 2001
5. **S.Kutty**, D.Mulkeen, J.P.McCabe, W.A.Curtin ; *Limb Length Discrepancy following Total Hip Replacements.* JBJS 84(B) 4, 2002 Suppl I
6. D.O’Connor, H.Mullett, M.Doyle, **S.Kutty**, M.O’Sullivan. *Undisplaced Distal Radial Fractures: Futura Splint versus plaster cast- a prospective randomised trial of two treatment methods.* JBJS 84(B) 11, 2002 Suppl I

7. **S.Kutty**, D.Mulkeen, J.P.McCabe ,W.A.Curtin ; *Limb Length Discrepancy following Total Hip Replacements*.Hip Intl Vol 12(2)187 2002
8. **S.Kutty**,A.J.Laing,C.V.R.Prasad, J.P.McCabe ; *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Controlled Trial*.  
Europ J of Trauma;Vol28,118-Suppl I,2002
9. **S.Kutty**,A.J.Laing,C.V.R.Prasad, J.P.McCabe ; *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Controlled Trial*.  
JBJS 85(B) 137,2003 Suppl II
10. **S.Kutty**,A.J.Laing,C.V.R.Prasad,J.P.McCabe ; *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibia Shaft Fractures . A Prospective Randomised Controlled Trial*.  
JBJS 85(B) 155,2003 Suppl II
11. **S.Kutty**,O.Brady, M.Dolan ,D.Mulcahy,; *Periprosthetic Fractures Of The Hip.Classification & Treatment –A review of 24 Cases*  
Injury Vol 34,2003, 603.
12. **S.Kutty**,F.Maleki,J.McKenna,P.Keogh,S.O’Flanagan; *Perilunate injuries. MRI Assessment Of Outcome*.Injury Extra Vol 34:58.
- 13.D.Khan, **S.Kutty**, J.McKenna, I.Sharif, S.O’Flanagan, P.Keogh. *Humeral Shaft fractures treated with the Marchetti- Vicenzi Nail.A 7 year study*. Injury Extra Vol 34:78
14. **S.Kutty**, F.Dowling, E.Fogarty, D.Moore. *Single Entry Percutaneous Epiphysiodesis (SEPE). A prospective Study*.JBJS(B)88 124,2006Sup I.
- 15.K.O’Shea,JF Quinlan,**S.Kutty**, D.Mulcahy,OH Brady; *The use of uncemented extensively porous-coated femoral components in the management of Vancouver B2 and B3 periprosthetic femoral fractures*. JBJS(B)Vol 87,262 SupIII
- 16.J.Noel,**S.Kutty** C.J.Goldberg,D.Groves,D.P.Moore,E.E.Fogarty, F.E.Dowling.*Managing Scoliosis with surface topography: Experience with reduced radiation*.  
JBJS(B)Vol 87,269 SupIII
17. CroninJJ,LimbersJP,**KuttyS**,StephensMM. *Change in Intermetatarsal angle of after hallux valgus following first metatarsophalangeal joint arthrodesis*.  
JBJS(B)Vol 87,272 SupIII
18. CroninJJ,LimbersJP,**KuttyS**,StephensMM. *Intermetatarsal angle after first metatarsophalangeal joint arthrodesis for hallux valgus*  
JBJS(B)Vol 87,373 SupIII

## **PRESENTATIONS TO LEARNED SOCIETIES**

### **NATIONAL**

1. **S.Kutty**, D.Mulkeen, J.P.McCabe ,W.A.Curtin ; *Limb Length Discrepancy following Total Hip Replacements.*

Oral Presentation At The OrthoCelt Meeting , Newport, Wales Apr 2000.

2. **S.Kutty**, D.Mulkeen, J.P.McCabe ,W.A.Curtin ; *Limb Length Discrepancy following Total Hip Replacements.*

Poster presentation At the Sir Peter Freyer Memorial Lecture Galway 2000

**Recipient Of the Sir Peter Freyer Silver Medal For the Best Poster.**

3. **S.Kutty**,M.A.Farooq,D.Murphy,C.Kelliher,F.Condon,J.P.McElwain;*Tibial Shaft Fractures Treated With The AO Unreamed Tibial Nail – A 5 Year Review.*

Poster Presentation at **The IOA** Cavan June 2001

4. **S.Kutty**,M.A.Farooq,D.Murphy,C.Kelliher,F.Condon,J.P.McElwain;*Tibial Shaft Fractures Treated With The AO Unreamed Tibial Nail – A 5 Year Review.*

Poster Presentation at **Sir Peter Freyer Memorial Meeting** Galway 2001

5. **S.Kutty**,A.J.Laing,C.V.R Prasad,J.P.McCabe ; *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Trial*

Oral presentation at **The IOA** Killarney June 2002

6. **S.Kutty**,A.J.Laing,C.V.R Prasad,J.P.McCabe ; *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Trial*

Oral presentation at The **BOA** Cardiff September 2002

7. **S.Kutty**,O.Brady, M.Dolan ,D.Mulcahy,; *Periprosthetic Fractures Of The Hip. Classification & Treatment –A review of 24 Cases*

Oral presentation at The **British Trauma Society** Meeting October Leeds 2002

8. **S.Kutty**,F.Maleki,J.McKenna,P.Keogh,S.O’Flanagan; *Perilunate injuries. MRIAssessment Of Outcome. A Prospective Study.*

Oral presentation at The **British Trauma Society** Meeting October London 2003

9. **S.Kutty**, A.M.Thomas, P.Rao, R.Evans. *Olecranon Osteotomy : An Anatomical Approach.*

Poster presentation at **The Panceltic Orthopaedic Meeting** June, Scotland 2006

10. **S.Kutty**. *Total Hip Arthroplasty With Subtochanteric Shortening Osteotomy In High Dislocation Of The Hip, Using A Titanium Monoblock Tapered Fluted Stem.- A 3-20 Year Follow Up. A Multicentre Study.*

Oral Presentation at the BHS Annual Meeting- Exeter UK March 2014

**11.S.Kutty.** *Total Hip Arthroplasty With Subtochanteric Shortening Osteotomy In High Dislocation Of The Hip, Using A Titanium Monoblock Tapered Fluted Stem.- A 3-20 Year Follow Up. A Multicentre Study.*

Oral Presentation at the IOSUK Annual meeting London 2014

**12. S.Kutty.** *The false Profile View of the Hip in The assessment of Osteoarthritis of the Hip. Correlation with Intra-operative findings. A Case for change.*

Poster Presentation at IOSUK Annual Meeting London, July 2014

**13.S.Kutty, N.Pulios, N.Todorov, N.Bohler:** *Total Hip Arthroplasty For Hip Dysplasia Using A Cementless Threaded Cup With & Without Cotyloplasty- A 12-22 Year Follow Up. An Independent Study.*

Poster Presentation at BHS Annual Meeting London March 2015.

### **INTERNATIONAL**

**1.S.Kutty, D.Mulkeen, J.P.McCabe ,W.A.Curtin ;** *Limb Length Discrepancy following Total Hip Replacements.*

Oral Presentation At the **EFORT** Meeting Rhodes , Greece, June 2001

**2. S.Kutty,A.J.Laing,C.V.R Prasad,J.P.McCabe ;** *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Trial*

Oral presentation- **European Trauma Congress**, Vienna ,Austria,May2002

**3. S.Kutty, D.Mulkeen, J.P.McCabe ,W.A.Curtin ;** *Limb Length Discrepancy following Total Hip Replacements.*

Oral Presentation – **European Hip Society** Meeting, Milan,Italy June 2002

**4.S.Kutty,A.T.Devitt,A.Fanning,D.Mulcahy,D.Fitzpatrick.** *The Effect Of Sevoflurane On PMMA. Implications at the bone cement interface. An Experimental study.*

Poster presentation at the **European Orthopaedic Research Society** Meeting, Lausanne, Switzerland October 2002

**5.S.Kutty,A.J.Laing,C.V.R Prasad,J.P.McCabe ;** *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Trial*

Oral presentation at the **European Orthopaedic Research Society** Meeting, Lausanne, Switzerland October 2002

**6.S.Kutty,A.Devitt,O.Barry;** *Bilateral Simultaneous Quadriceps Rupture.*

Poster presentation at **EFORT** Helsinki,Finland June 2003

**7.S.Kutty,O.Brady, M.Dolan ,D.Mulcahy,;** *Periprosthetic Fractures Of The Hip. Classification & Treatment –A review of 24 Cases*

Oral presentation at **EFORT** Helsinki,Finland June 2003

**8 S.Kutty,A.T.Devitt,A.Fanning,D.Mulcahy,D.Fitzpatrick.** *The Effect Of Sevoflurane On PMMA. Implications at the bone cement interface. An Experimental study.*

Oral presentation at **EFORT** Helsinki,Finland June 2003



- 9.S.Kutty, A.J.Laing, C.V.R Prasad, J.P.McCabe ;** *Effect Of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Trial*  
 Oral presentation at **EFORT** Helsinki, Finland June 2003
- 10.S.Kutty, O.Brady, M.Dolan ,D.Mulcahy,;** *Periprosthetic Fractures Of The Hip. Classification & Treatment –A review of 24 Cases*  
 Oral presentation at The **SICOT** Meeting ,Cairo,Egypt,September 2003
- 11.S.Kutty, F.Maleki, J.McKenna, P.Keogh, S.O’Flanagan;** *Perilunate injuries. MRI Assessment Of Outcome. A Prospective Study.*  
 Poster presentation at the **IFSSH** Meeting, Budapest, June 2004.
- 12. S.Kutty, F.Dowling, E.Fogarty, D.Moore.** *Single Entry Percutaneous Epiphysiodesis (SEPE) A prospective Study.*  
 Oral Presentation at **EFORT** Lisbon, June 2005
- 13.S.Kutty, P.Schneider, P.Faris, G.Kiefer, B.Frizzell, R.Park, J.N.Powell;** *Usefulness of the Centre Edge angle in the assessment of Pincer Femoroacetabular impingement. Reliability & Validity.*  
 Oral Presentation at the **AAOS** Annual meeting, New Orleans March 2010
- 14. S.Kutty, C.Goulding J.Mahaluxmivala, R.Khan, P.Allen, C,Aldam.** *Single antibiotic Prophylaxis in Total Joint replacements.Is it safe? Aprospective study.*  
 Poster Presentation at **SICOT** , Hyderabad, October 2013
- 15. S.Kutty.** *The false Profile View of the Hip. Correlation with Intra-operative findings. A Case for change.*  
 Poster Presentation at **SICOT** Hyderabad, October 2013
- 16. S.Kutty.** *Total Hip Arthroplasty With Subtochanteric Shortening Osteotomy In High Dislocation Of The Hip, Using A Titanium Monoblock Tapared Fluted Stem.- A 3-20 Year Follow Up. A Multicentre Study.*  
 Oral Presentation at the **IOA** Annual Meeting- Agra India December 2014
- 17. S.Kutty.** *The false Profile View of the Hip in The assessment of Osteoarthritis of the Hip. Correlation with Intra-operative findings. A Case for change.*  
 Poster Presentation at **IOA** Annual Meeting Agra, India, December 2013
- 18. S.Kutty, N.Pulios, N,Todorov, N.Bohler:** *Total Hip Arthroplasty For Hip Dysplasia Using A Cementless Threaded Cup With & Without Cotyloplasty- A 12-22 Year Follow Up. An Independent Study.*  
 Oral presentation- International Combined SIDA-BHS hip meeting , Milan, November 2015
- 19. L.Jayaseelan, S.Kutty.** *The Silent<sup>TM</sup> Hip Neck Only Prosthesis in Primary Hip Arthroplasty : A Prospective Study with a minimum 2 year followup.*  
 Oral presentation- International Combined SIDA-BHS hip meeting, Milan, November 2015

### **Invited Lectures**

1. **IOACON 2016-** Hip Arthroscopy Beyond FAI. Extending the Indications.
2. **IOACON 2016-** The Painful Young Adult Hip. Concept of Femora-Acetabular Impingement
3. **45<sup>th</sup> Annual Scientific Meeting of the Percival Pott Club.** Presented -***The Hugh Phillips Memorial Lecture.*** Arthroplasty in the Dysplastic Hip. Changing Landscapes, Challenges and solutions.
4. **IOACON 2017-** Arthroplasty in the Dysplastic Hip. Challenges and Reconstructive options.
5. **IOACON 2018-** Peri-prosthetic Fractures around the Hip
6. **IOACON 2018-** Hip Arthroscopy- Standard of care with evolving technique.
7. **IOACON 2019- *M.NATARAJAN Eponymous lecture***-‘Replacing the Native Knee 3-2-1’
8. **IOACON 2019-** Endoscopic procedures around the Hip. The expanded Hip Arthroscopy indications

### **Ongoing/ Completed Research—**

1. Total Hip Arthroplasty for Crowe Type IV dysplasia using a Titanium monoblock tapered fluted stem. A3-20 yr follow up. A Multicentre study – London & Milan. – Project Completed.
2. The Anterior Portal in Hip Arthroscopy. A Prospective study. Project ongoing.- Harlow
3. Flaps in Total Knee Arthroplasty. A prospective comparative study. Study ongoing- Harlow
4. Single Dose antibiotic Prophylaxis in Total Joint replacements. Is it safe? A prospective study. Ongoing- Harlow
5. The false profile view in the assessment of Osteoarthritis of the Hip. Correlation with Intra-operative findings. A case for change. A prospective study. —ongoing- Harlow
6. Total Hip Arthroplasty for Hip Dysplasia Using A Cementless Threaded Cup With & Without Cotyloplasty- A 12-22 Year Follow Up. An Independent Study-completed- Austria
7. The polished cobalt chrome tibial base plate in TKR. Ten-year results. Study nearing completion.
8. Endoscopic Gluteus Medius Repair. A Prospective study- Nearing Completion.
9. Position of Femoral Component. In Flexion. Effect on Sizing ,Outcomes and Range of Movement. A prospective study—ongoing.

- 10. The Silent™ Hip Neck Only Prosthesis in Primary Hip Arthroplasty: A Prospective Study with a minimum 5 year follow-up. Completed.**
- 11. Relationship Between the Transverse Acetabular Ligament & The Psoas Fossa: Implications for iliopsoas Impingement against the Acetabular Component. A Cadaver study.**

### **TEACHING, TRAINING & EDITORIAL RESPONSIBILITIES**

#### **1. CLINICAL TUTOR-NATIONAL UNIVERSITY OF IRELAND, GALWAY-1999-2000**

I was actively involved in the teaching of senior house officers and final year medical students attached to the National University of Ireland, Galway during my tenure as a Clinical Tutor. I was also involved actively in the training of nursing students, interns and senior house officers on a day to day basis including in the operating room. I have also directed house officers in research from commencement to completion.

#### **2. ASSIGNED EDUCATIONAL SUPERVISOR (AES) & CLINICAL SUPERVISOR (CS)- SPECIALIST TRAINEES NORTH-EAST THAMES ORTHOPAEDIC ROTATION since 2013 & EAST OF ENGLAND- since 2016.**

I am currently in charge of the 4 ST's from the NE Thames & 2 EoE trainees. I represent the trust at the regional Training committee meetings.

#### **3. HON SENIOR CLINICAL LECTURER & YEAR 4 MSK LEAD- BARTS & LONDON SCHOOL OF MEDICINE AND DENTISTRY—**

I oversee the MSK module for Year 4 students from BARTS. I also developed the SSC module for Yr 5 students to develop an interest in Orthopaedics.

#### **4.AO UK FACULTY MEMBER – National Advisor for AO ORP courses.**

I teach on both the Principles and the Advanced courses since 2013.

#### **5. RICHARD VILLAR SCHOOL OF HIP ARTHROSCOPY –**

I am National faculty on this highly specialised course.

#### **6. SMITH& NEPHEW- VISITATION CENTRE FOR HIP ARTHROSCOPY TRAINING**

I have been chosen to provide and be part of the proctorship programme to teach surgeons in this specialist technique of Hip Arthroscopy.

#### **7. SICOT INTERNATIONAL DIPLOMA – EXAMINER.**

I am part of the International Group of Examiners examining International Candidates every year at the Annual SICOT meeting

## **8. PRINCIPLES OF HIP & KNEE ARTHROPLASTY COURSES-**

The first principles Knee course is on the 21<sup>st</sup> of October 2016 and the hip course is provisionally dated for early 2020. This is targeted towards ST's emphasising on getting the Principles correct.

## **9. SURGICAL TUTOR- ROYAL COLLEGE OF SURGEONS OF ENGLAND**

I have been appointed as the Surgical tutor from the 1<sup>st</sup> of April 2017. This involves overseeing the training needs of the Surgical Trainees in the Trust.

## **10.PRIMARY EDITOR BONE & JOINT JOURNAL (Former JBJS(Br)).**

## **11.REVIEWER – HIP & TRAUMA SECTIONS BONE & JOINT JOURNAL (Former JBJS(Br))**

## **12.FACULTY -TRIATHLON FEEL THE DIFFERENCE COURSE-INTERNATIONAL** Visitation Centre for Triathlon Knee Replacement Education.

## **13. MEMBER COURT OF EXAMINERS- ROYAL COLLEGE OF SURGEONS OF ENGLAND- Since 2018**

### **MANAGEMENT**

## **Diploma in Medical Management –Royal College of Surgeons in Ireland, Dublin—July 2005**

As a trainee and later as a Consultant I have been involved in the day to day management of the units I worked. They included on call for trauma, ward and out-patient management. Having completed a diploma in medical management I have a better understanding of the management in healthcare.

## **Clinical Service Group Lead /CLINICAL DIRECTOR For T&O—** I was the Lead for the Department from 2014 until 2019.

## **Higher Degree -**

**MSc in Orthopaedic Engineering**-University of Wales, Cardiff, Wales.

**Year 1-** Completed 2002 – Engineering theory I  
Materials  
Experimental Techniques  
**Year 2** – Completed 2003- Engineering Theory II  
Surgical Practise

Thesis submitted June 2006—accepted

*Effect of Traction On Compartment Pressures During Intramedullary Nailing of Tibial Shaft Fractures. A Prospective Randomised Trial.*

MSc Conferred 17<sup>th</sup> October 2006

**Diploma in Medical Management** –Royal College of Surgeons in Ireland- Dublin – Nov 2005

**PG Certificate in Medical Education- University of Cambridge-** Completed 2017  
**Enrolled for MSc -Med Ed-** Anglia Ruskin University 2019

### **Awards & Travelling Fellowships**

#### **1. AO INTERNATIONAL TRAUMA TRAVELLING FELLOWSHIP---**

WILHELMINENSPITAL, VIENNA

**PROFESSOR MICHAEL WAGNER**

Exposed to MIPPO, MIS Techniques & Locking Plate Osteosynthesis.

JUNE 2006 -JULY 2006

#### **2. BRITISH HIP SOCIETY & PLUS ORTHOPAEDICS TRAVEL AWARD 2007---**

BALGRIST UNIVERSITY, ZURICH

**PROFESSOR REINHOLD GANZ**

To understand the techniques of pelvic osteotomy and surgical dislocation of the hip in the treatment of early hip disease.

May 2007

#### **3. BRITISH ORTHOPAEDIC ASSOCIATION -EUROPEAN TRAVELLING FELLOWSHIP 2007**

ASKLEPIOS KLINIK in Bad Abbach, Germany

**PROF. J GRIFKA**

To improve my understanding of Computer Assisted Orthopaedic Surgery

June 2007

#### **4. NORMAN CAPENER TRAVELLING FELLOWSHIP 2008—**

AWARDED BY THE ROYAL COLLEGE OF SURGEONS OF ENGLAND

12 Month **Adult Reconstruction (Primary & Revision Arthroplasty) Fellowship**

at **THE UNIVERSITY OF CALGARY**, CALGARY, CANADA.

July 2008- June 2009.

#### **5. EFORT FOUNDATION AWARD- 2014.**

University Hospital of Linz- Austria with **PROF N. BOHLER.**

April & October 2014.

#### **6. EUROPEAN SOCIETY OF SPORTS TRAUMATOLOGY KNEE SURGERY AND ARTHROSCOPY (ESSKA)- ALWIN JAGER AWARD 2017**

Visit to Orthopaedic Hospital in Novi Sad, Serbia – May 2017

**PROF D. SAVIC & DR. V. KECOJEVIC**

#### **7. PERCIVAL POTT ORTHOPAEDIC TRAINING PROGRAMME-**

***TRAINER OF THE YEAR – 2016-17***

## **HIP ARTHROSCOPY TRAINING/ VISITATIONS—**

1. . DR.MICHEAL DIENST—OCM KLINIK, MUNICH, GERMANY  
October 2010.
2. MR TONY ANDRADE – ROYAL BERKSHIRE HOSPITAL, READING UK  
May & October 2011.
3. DR. MARC PHILLIPON- STEADMAN- PHILLIPON CLINIC, VAIL, CO, USA  
September 2011.
4. DR.THIERRY BOYER & DR.ALEXIS NOGIER, PARIS, FRANCE.  
October 2011.

## **MEMBERSHIPS—**

1. BRITISH MEDICAL ASSOCIATION
2. BRITISH ORTHOPAEDIC ASSOCIATION
3. BRITISH HIP SOCIETY
4. BRITISH ASSOCIATION OF THE SURGERY OF THE KNEE
5. AMERICAN ASSOCIATION OF ORTHOPAEDIC SURGEONS
6. AMERICAN ASSOCIATION OF HIP & KNEE SURGEONS.
7. INTERNATIONAL SOCIETY FOR HIP ARTHROSCOPY.
8. EUROPEAN HIP SOCIETY
9. SICOT.
10. ESSKA

## **ACTIVITIES AND INTERESTS**

**Cricket-** Member District Cricket Team- (Under-15)-1983  
(Under-19)-1984-86  
(Under-22)- 1986-89  
(Under-25)-1988-90  
Member State Schools Cricket Team- 1984  
  
Captain, College Cricket Team-Runners Up- Inter Medical Collegiate  
Cricket Championship-1988-89  
-Runners Up-‘A’ Division District League1992

**Athletics-** Bronze Medal-Long Jump District Athletics Meet 1984  
Winner Long Jump Inter Medical Collegiate Championship 1988-90

**Currently playing cricket for enjoyment and watching my son and daughter playing competitive cricket at county level.**

**Member—Essex County Cricket Club**

## **Clinical Practice—**

I have developed a practice specialising in Lower limb arthroplasty specifically Complex Primary and revision Hip replacements. I have also developed a Young Adult hip practise specialising in Hip Arthroscopy. This has become a Tertiary referral with referrals from regional hospitals increasing. I was a Clinical Lead of the department, for 5 years until December 2019 and I have been involved in shaping the department for the future. We have been very specific in individual and sub-speciality roles with mentoring where required. This has allowed us to maintain quantity without compromising on quality. This reflects in our better than expected revision rates for Hip & Knee Replacements as on the NJR. We have also been recommended as a pocket of best practice to visit and learn by the GIRFT Team.

I have led the training aspects for the last 5 years as the lead AES. In this period we have been awarded the training hospital of the year twice by the Royal London Hospital Training programme most recently as this year and came a close second in the East of England for the same. I was awarded the Trainer of the year for the Percival Pott Training Programme 2 years ago. I have continued to strive to enhance my training credentials. I have completed My Post-Graduate Certificate in Medical Education from Cambridge University.

I have linked up with the Anglia Ruskin University Clinical Trials Unit since my return from illness in 2016/17 to drive our Research. It has started to take effect. I have got involved in multicentre trails to improve our understanding of its working and enhance our standing and also to improve funding.